



### M3 BIO-BASED CONSTRUCTION

CAS ETH in Regenerative Materials - ESSENTIALS

earth - bio-based - reused 08.04 - 12.04.2024

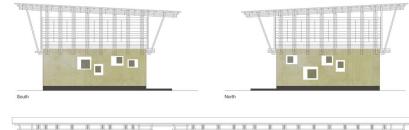
#### **EIKE ROSWAG**

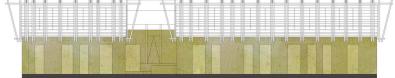
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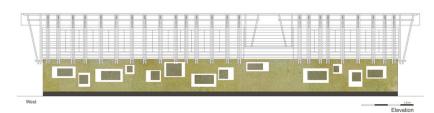


One of the initiators and directors of ZRS Architekten Ingenieure Berlin and chair of the Natural Building Lab at TU Berlin, for more than 20 years, Eike Roswag has been researching climate and resource adaptive, human architecture in different climatic zones, which forms the basis for his teaching, design and construction projects.

His projects demonstrate a great variety and range from schools out of earth and bamboo in the global south, over heritage rehabilitation project in the Middle East and Europe up to housing, production buildings and schools out of timber, earth and natural fibre insulation in Europe.







METI School by Anna Heringer & Eike Roswag Photo credits: © Anna Heringer & Eike Roswag

# Monday 08.04.2024

#### 09h00 - 09h30

HIT F 12 INTRODUCTION

Arnaud EVRARD / ETH Chair of Sustainable Construction

Introduction to the week's program

#### 09h30 - 10h30

#### HIT F 12

BIO-BASED RENOVATION OF LARGE BUILDING STOCKS Verena GÖSWEIN / ETH Chair of Sustainable Construction ethz.zoom.us/j/69887868609

- Modelling building stocks to comply with 2°C carbon budget?
- Land requirements for large-scale use of bio-based materials
- Prospective strategies and evolution scenario

#### 10h30 - 12h30

#### HIT F 12

TRANSFORMING NATURAL BUILDING TRADITION Eike ROSWAG / ZRS Architekten Ingenieure ethz.zoom.us/j/69887868609

- Natural Building LAB TUBerlin
- EU Research Project H-House
- Resource Adaptation in Europe
- International projects using Natural Building Methods

#### 13h30 - 15h30

HIT F 12

DYNAMIC LCA

- Guillaume HABERT / ETH Chair of Sustainable Construction
  - Methodology of LCA
  - Why dynamic LCA?
    - Carbon Balance

#### 15h30 - 17h30

HIT F 12 EXERCISE DYNAMIC LCA Yasmine PRIORE / ETH Chair of Sustainable Construction



Überbauung Bombasei Atelier SCHMIDT GmbH Photo Credit: © Damian Poffet

# Tuesday<sub>09.04.2024</sub>

#### PRIVATE BUS from ETH HÖNGGERBERG

Busparking (beside Coop in front of HPT)Meeting:07:30Departure:07:45Arrival:09:00

Werner Schmidt (Atelier Werner Schmidt) will accompany us the whole day.

#### PRIVATE BUS

Departure: 10:00 Arrival: 10:30

#### PRIVATE BUS

Departure: 11:30 Arrival: 12:00

PRIVATE BUS to

Departure:

Arrival:

ETH HÖNGGERBERG

14:00

15:15

#### 09h00 - 10h00 HAUS HONSBERGER

Kleinholz 5, 3378 Graben

- Host: Pierre HONSBERGER (Owner)
- Strawbale house with wood structure
- Super insulated + autonomous (energy from PV)
- Combination of traditional building techniques and modern technology

#### 10h30 - 11h30

PAVILLON FA: vonRoll hydrotec AG Von Rollstrasse 24, 4702 Oensingen Host: Jürg BRAND (CEO vonRoll hydro) • Membrane construction over elliptical straw dome

LUNCH BREAK

#### 13h00 - 14h00 REHABILITATION INDUSTRIAL BUILDING

Complemedis AG

Leinfeldstrasse 59, 4632 Trimbach Host: Severin BÜHLMANN (CEO Complemedis)

- Ecological renovation
- External thermal insulation out of prefabri-
- cated strawbale elements

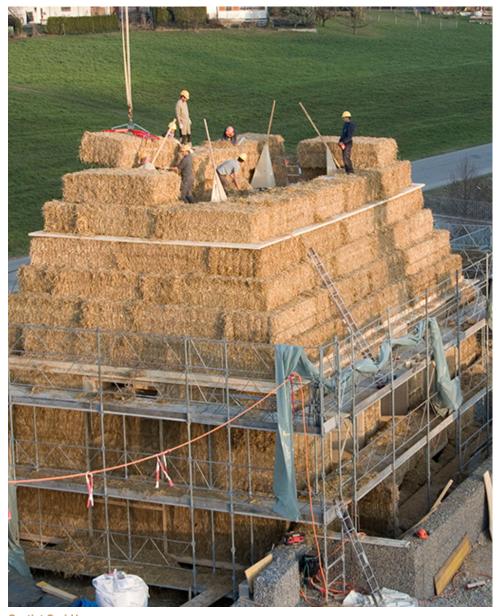
• Suspended bamboo facade as shading of existing window strips

#### 15h30 - 17h30

HIT F 12 OTHER CASE PROJECTS WITH STRAW

Werner SCHMIDT/Atelier Werner Schmidt

- Presentation of other Projects
- Discussion with Werner Schmidt



Gartist GmbH Atelier Werner Schmidt Photo Credit: © Atelier SCHMIDT GmbH | Atelier Werner Schmidt

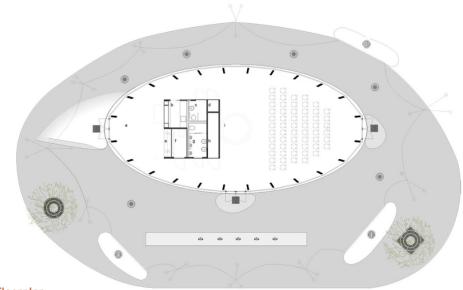




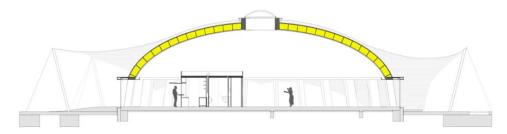
Complemedis AG (top), Haus Honsberger (bellow) Atelier Werner Schmidt Photo Credit: © Atelier SCHMIDT GmbH | Atelier Werner Schmidt



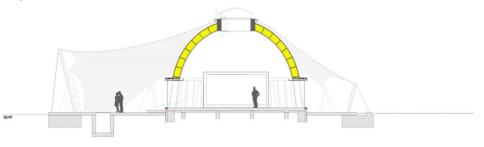
vonRoll hydrotec AG Atelier Werner Schmidt Photo Credit: © Atelier SCHMIDT GmbH | Atelier Werner Schmidt



Floorplan

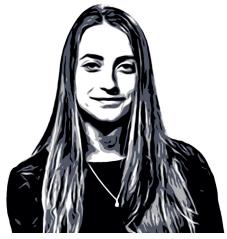


Longitudinal section



**Transversal section** 

#### **OLGA BEATRICE CARCASSI**



Olga Beatrice Carcassi is a Research Scientist at the Natural Materials of Columbia GSAPP University. Previously, she was a Postdoctoral Researcher at the ABC Department of Politecnico di Milano, where she also obtained her Ph.D.

Passionate about regenerative and low-carbon technologies, her work concentrates on the definition 3D printed light fiber-clay materials. She also specializes in the advanced fabrication and LCA methodologies of mycelium-based composites to reach the climate-neutrality for the building and construction sector.



Mycelium-based composite Photo credit: Lola Ben Alon

### Wednesday<sub>10.04.2024</sub>

#### 09h00 - 10h30

HIT F 12

TYPHA: INNOVATIVE MATERIAL Georgi GEORGIEV / Dr. Georgiev Consulting ethz.zoom.us/j/68439342566

- Big potential for resources from wetlands
- High insulation performance
- For renovation and new buildings

#### 10h30 - 12h30

HIT F 12

FIRE SAFETY OF BIO-BASED MATERIALS

Michael KLIPPEL / Institute of Structural Engineering ETH

- What are the fire safety objectives?
- Which measures are used in order to guarantee the fire safety?
- Why must fire be regarded in design?

#### 13h30 - 15h30

#### HIT F 12

LIME-HEMP CONSTRUCTION + BASICS OF HYGROTHERMAL BUILDING PHYSICS Arnaud EVRARD / ETH Chair of Sustainable Construction

- Why do we need Building Physics?
- What are the main hygrothermal parameters of materials?
- What are the basics of the energy balance of a building?
- How to calculate heat and vapor transfer through walls?

#### 16h00 - 17h00

HIT F 12

PUBLIC LECTURE: MYCELIUM-BASED COMPOSITES: HOW TO "BOND" WITH NATURE Olga Beatrice CARCASSI / Columbia GSAPP University ethz.zoom.us/j/65835442022

<u>etnz.zoom.us/j/65835442022</u>

- What is mycelium?
- What is the fabrication process?
- How can we use mycelium-based composites in design and construction applications?
- Mycelium DYI

	MONDAY 08.04	TUESDAY 09.04	WEDNESDAY 10.04	THURSDAY 11.04	FRIDAY 12.04	
8		Private bus at 07h45				8
-				Private bus at 08h45		-
9	Introduction Bio-based renovation of large building stock Transforming Natural Building Tradition	- House Honsberger	Typha: Innovative material	Straw-Bale construction: Building Systems & Case Studies	Isohemp: Industrial prefabrication with Lime-Hemp	9
10						10
		Pavillion Fa. vonRoll hydro	Fire Safety of bio-based materials			
11						11
		Private bus		Pittet Artisans	Ecococon: Prefabrication with straw	
12		Lunch				12
-						•
13						13
	Dynamic LCA Lecture + Exercise	Industrial rehabilitation	Lime-Hemp construction & Basics of hygrothermal building physics	Hands-on Sprayed Earth Mix	Public Transport to Kulturpark	
14		Private bus				14
15					Panel Discussion	15
					CLIMATE POSITIVE CONSTRUCTION Scaling up bio-based construction	
16		Other case projects with straw	Mycelium-based biocomposites			16
17						17
			Discussion	Private bus		
						10
18						18



#### PITTET ARTISANS

Pittet Artisans perpetuates noble materials and ancient knowledge while sensitively adapting them to the constraints of the market to make them available to individuals and communities.

"Shot Earth", sprayed earth concrete: A new type of rammed earth, based on dry-sprayed concrete technology. It's a mixture of stabilized excavated earth, aggregates and water consolidated by high-speed spraying rather than mechanical compaction.

Shot earth: Catalan vault and cobblestones in Biel/Bienne Photo Credit: © Pittet Artisans



Sprayed earth mix on straw Photo Credit: © Pittet Artisans

# Thursday<sub>11.04.2024</sub>

#### PRIVATE BUS from

PRIVATE BUS to

Departure:

Arrival:

ETH HÖNGGERBERG

16:00

18:30

ETH HÖNGGERBERG Busparking (beside Coop in front of HPT) Meeting: 08:15 Departure: 08:30 Arrival: 11:00

#### 09h00 - 11h00

STRAW-BALE CONSTRUCTION: BUILDING SYSTEMS + CASE STUDIES https://ethz.zoom.us/j/63901896616 Vincent PIERRÉ / Terranergie

- From the field to the wall
- Diversity of construction techniques
- Constructive details
- Straw bale case studies

#### 11h30 - 12h30

#### PITTET ARTISANS

Le Grand Pré 3, 1512 Chavannes-sur-Moudon

Sébastien PITTET / Pittet Artisans

- Visit of the new working space / workshop
- Open discussion on the work and philosophy of the company

#### LUNCH BREAK

#### 13h30 - 16h00

HANDS-ON: SPRAYED EARTH MIX Le Grand Pré 3, 1512 Chavannes-sur-Moudon

Sébastien PITTET / Pittet Artisans

- Lime-hemp
- Lime plaster
- Shot earth
- Demonstration of spraying technics





Bio-based and light earth workshop - CAS 2022 Photo credit: Polina Saante



Bio-based and light earth workshop - CAS 2022 Photo credit: Polina Saante

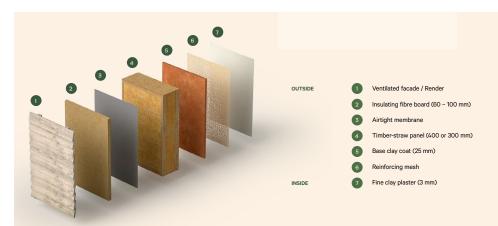




### ECOCOCON

EcoCocon was founded with the idea to find a way to create real and affordable cradle to cradle buildings. Buildings that are made of renewable materials, and would last decades before being returned safely to nature after use. Buildings that would contain healthy, locally sourced materials and leave a minimal ecological footprint.

Why build a straw bale home? 01 Good fire resistance 02 Excellent insulation 03 Durable and resilient 04 Abundant and renewable 05 Natural carbon sink 06 Sound insulation



Friday<sub>12.04.2024</sub>

#### 9h00 - 10h30

HIT F 12

ISOHEMP: INDUSTRIAL PREFABRICATION WITH LIME-HEMP

https://ethz.zoom.us/j/61825107880

Charlotte DE BELLEFROID / Isohemp

- Prefabricated lime hemp blocks
- Promising company

#### 11h00 - 12h30

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HIT F 12

#### ECOCOCON: PREFARBICATION WITH STRAW

Bjørn KIERULF / EcoCocon

- Prefarbicated walls wood frame with straw insulation
- Very high insulation performance

#### 14h00 - 17h00

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Kulturpark: Pfingstweidstrasse 16, 8005 Zürich ethz.zoom.us/j/61598617092

#### PANEL DISCUSSION:

#### CLIMATE POSITIVE CONSTRUCTION: SCALING UP BIO-BASED CONSTRUCTION

Dirk SCHARMER / FASBA (Special Guest) Andrea AKCHOTI / Structura C Guillaume HABERT / ETH Zurich Bjørn KIERULF / EcoCocon Fabian HÖRMANN / The Real Deal

- 14h00-15h00: Special Guest
- 15h00-15h30: Comments and discussion topics from other guests
- 15h30-16h30: Discussion

#### 17h00 - 18h00

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Kulturpark: Pfingstweidstrasse 16, 8005 Zürich DISCUSSION WITH THE PARTICIPANTS

Prefabricated straw wall panels from EcoCocon https://ecococon.eu Photo Credit + Text: © EcoCocon



Règles

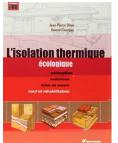
en paille

RFCP

BUILDING MATERIALS\* Dirk E. Hebel Felix Heisel 2019 ΕN

professionnelles **DE CONSTRUCTION** de construction **EN PAILLE\*** Réseau français de la construction en paille 2018

FR







**BUILDING WITH OF A SUSTAINABLE** 

La construction en paille hniques de mise en œuvr Exemples de réalisation

PRO

L'ISOLATION Handbuch THERMIQUE Strohballenbau ÉCOLOGIQUE\* Jean-Pierre Oliva

> HEMP LIME CONSTRUCTION bre press



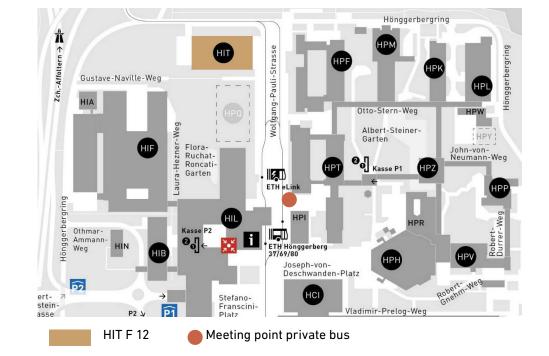
**VEGETERIAN** ARCHITECTURE. **CASE STUDIES ON BUILDING AND NATURE\*** Andrea Bocco Guarneri 2020 ΕN

LA CONSTRUCTION **EN PAILLE\*** Luc Floissac 2012

FR

HANDBUCH STROHBALLENBAU. **GRUNDLAGEN-KONSTRUKTIONEN-**Gernot Minke

**HEMP LIME CONSTRUCTION, A** WITH HEMP LIME Rachel Bevan Tom Woolley 2008 ΕN



41.5 41.4 41.3 41.2 41.6 43 42 31.2 50.5 41.7 ĕ 23.3 31.1 Luftraur Luftraur Luftraum 11.2 HIT 23.2 50.2 50.3 Test Acade A 23.1 11.1 22 21 13

All the books whose title is followed by \* are available at the Chair of Sustainable Construction for you to borrow.

### GUESTS

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### C A S E T H R E -G E N M A T

CAS ETH in Regenerative Materials - ESSENTIALS earth - bio-based - reused